



# Welcome to the Club!

A Guide to the  
Seventh Generation Club  
and How to Get Started



**The Seventh Generation Club**  
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# WELCOME TO THE SEVENTH GENERATION CLUB

## Mission Statement

*To create a Club where First Nations youth can envision their future by recognizing their own energy, the culture of their people, and the teamwork needed to succeed by giving them opportunities to make healthy life choices, participate in community, and meet the challenges of life.*

"Seven Generations" is an expression used by many First Nations people, reflecting the belief that everything one does and the decisions made today affect seven generations into the future. This coincides with the Club's objective of making healthy choices today so you will have a bright tomorrow.

Through fun contests and activities, the Club encourages students to participate in sports, in their community, and stay in school. We are excited about what has been accomplished since the Club was founded in 1997, and we look forward to taking our next steps in the continued celebration of your students' successes.

# CLUB ELEMENTS

The Club features programs designed to inspire students to think about their future opportunities, make healthy life choices, broaden their knowledge, and meet new people. These programs have been created with the cooperation and support of our sponsors.

## ATTENDANCE

Emphasizing the value of staying in school, the Seventh Generation Club recognizes and rewards those Club members who have a high attendance record. To qualify Club members for the program, attendance records must be sent to the Club office monthly. All Club members who have an attendance record of 95% or higher for the school year will receive a prize. Club members with 100% attendance will be entered in a draw to win a grand prize.

## CONTESTS

Contests are instrumental to the success and popularity of the Club. Newsletters often feature contests for Club members, and are based on a wide range of topics. Contests entries can include such things as writing, drawing, painting, videos and slideshows. Encourage students to be as creative as they like! Additional contests may also be held for Club Coordinators, and winners are drawn randomly or selected based on overall Club participation.

## **DAYTIMERS**

Daytimers are sent to the Clubs at the beginning of the school year. They are an excellent way to encourage students to plan ahead, and contain such things as health and study tips, trivia, and fun facts. The number of daytimers received is based on the number of Club members enrolled in the previous school year, so make sure you keep your membership us to date!

## **NEWSLETTERS**

Five newsletters are distributed throughout the school year. They feature sections that cover a variety of topics, such as:

- Articles from the Vancouver Canucks
- Study, career and health tips
- Contests
- Member features and First Nations role models

## **SCIENCE DAY**

Science Day is designed to help students understand more about the world around them. To assist participating Clubs, the Seventh Generation Club has produced a series of Science Books in conjunction with Mad Science. The book features science experiments for teachers and support workers to conduct in their classrooms. Science Books will be sent to Clubs upon request.

## **SPORTS DAY**

Sports Day is an exciting opportunity for the Club to promote healthy living amongst students across the province, and to increase recognition of the Club at the school level. Upon request, the Club will provide ribbons and buttons for all schools hosting a Sports Day.

## **CLUB COORDINATOR'S ROLE**

Club Coordinators are instrumental to the success of the Club. As the main student contact, the Club Coordinator has the opportunity to encourage students to enroll and participate in Club initiatives. The Club is designed to be simple in terms of administration and participation. The following information outlines the Club Coordinator's main roles.

### **1) MEMBER ENROLLMENT**

The Club Coordinator is encouraged to enroll all interested students in the Club.

- Existing Clubs must re-enroll at the beginning of every school year. The Club office will send you your Club's forms and information for re-enrollment.
- Enrollment forms for new clubs can be found online at [www.seventhgenerationclub.com](http://www.seventhgenerationclub.com).
- The Club Coordinator must fill out a New Student Members form whenever a student joins the Club

during the course of the school year. If a student leaves the Club, please notify the Club office.

## **2) CLUB COMMUNICATION**

Correspondence between the Club Coordinator and the Club office is crucial in order for the program to run smoothly. In an attempt to reduce the amount of paper used, the Club office will correspond with the Club Coordinator mainly through email. Please notify the Club office if you do not use email, so that you can be contacted by other means.

Also be sure to notify the Club office if any of your Club contact information changes.

Contact us at: **Seventh Generation Club, Suite 113 - 100 Park Royal South, West Vancouver, BC, V7T 1A2.**

**Tel: 604.925.6087. Fax: 604.925.6097.**

**Email: [seventhgen@fnesc.ca](mailto:seventhgen@fnesc.ca).**

The Seventh Generation Club also has an official website at [www.seventhgenerationclub.com](http://www.seventhgenerationclub.com).

## **3) CONTEST ENTRY COLLECTION**

Students who participate in contests submit their entries to their Club Coordinator, who attaches a contest label to the back of each submission, complete with the name of the student, age, teacher and school. Entries must be mailed, emailed or faxed to the Club office by the contest deadline.

#### **4) MASTER ATTENDANCE LIST**

The Club office will generate a Master Attendance List based on Club enrollment. Each Club's Master Attendance List will be emailed (or faxed, if requested) to the Club Coordinator once enrollment is complete. Attendance should be recorded on the Master Attendance List and emailed or faxed to the Club office before the 10<sup>th</sup> of each month.

#### **5) PRIZE, NEWSLETTER AND DAYTIMER DISTRIBUTION**

The Club Coordinator will receive daytimers at the beginning of the school year, and five newsletters throughout the school year, to be distributed to all Club members. A number of prizes will also be awarded throughout the year, based on contests, attendance and overall participation in the Club. The Club Coordinator will be sent the prizes to distribute to winning Club members.

#### **6) PHOTOS AND STORIES**

Club Coordinators are encouraged to send the Club office photos and information about their Club activities. With the accompaniment of a photo permission form (found on the Club website), they may be featured in *Seventh Generation Club* publications.

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